

5/8/2024

North Allegheny Invitational

80 Degrees, Partly Cloudy, Warm 7-8

																	400	
																	Avg.	
2 Mile Relay	1	2	40		0s	800	3200											
Grabowski	71	227.03		71	76		227.03										78.5	
Strelick	340	457.53		73	77		230.50										75.8	
Duchi	607	722.25		70	74		224.72										72.4	
Lucas	729	945.78		67	76		223.53	945.96									71.8	
Hou	68	217.70		68	69		217.70										68.9	
Wach	321	433.92		64	72		216.22										68.1	
Hirwani	538	647.67		65	69		213.75										66.9	
Critchlow	750	859.52		63	69		211.85	859.64									65.9	
Mile	1*	2	3	4	40		0s	80		0s	1600		Mile					
Duchi	84	249	414	532.26		84	85	85	78	249	243	530.38		532.46	82.6			
Grabowski	84	250	416	542.98		84	86	86	86	250	252	540.49		543.21	85.1			
Hirwani	77	232	348	459.07		77	75	76	71	232	227	457.63		459.28	74.4			
Kaminski	78	233	348	459.48		78	75	75	71	233	226	458.09		459.70	74.5			
800	1	2	40		0s	800												
Lucas	73	233.41		73	80		233.63										76.8	
Peters	74	236.37		74	82		236.52										78.3	
Critchlow	66	215.37		66	69		215.58										67.8	
Wach	68	219.41		38	71		219.59										69.8	
2 Mile	1*	2	3	4	5	6	7	8	80		0s	3200		16	00s	2M		
Strelick	85	89	91	92	93	92	93	81		254	303	305	254	1153.52	557	559	1157.03	89.2
		254	425	557	730	902	1035	1156.80										
Keiser	90	92	97	98	101	107	109	97		302	315	328	326	1307.89	617	654	1311.58	98.5
		302	439	617	758	945	1134	1311.38										
Hou	79	79	81	84	85	86	86	76		238	245	251	242	1053.35	523	533	1056.44	81.7
		238	359	523	648	814	940	1056.12										
Patterson	79	79	81	84	85	85	83	84		238	245	250	247	1056.93	523	537	1101.16	82.1
		238	359	523	648	813	936	100.90										

*includes the extra 10 yards in the Mile and 20 yards in the 2 Mile

Mile Relay

Johns	64.12	
Davis	61.67	305.75
Hood	65.11	310.90
Abbs	62.60	413.50
		413.75

N Umar	58.25	
Kaminski	56.94	155.19
Critchlow	56.71	251.90
Dickert	57.47	349.37
		349.65