

**5/10/2023 North Allegheny Invitational 70 Degrees, Overcast, Nice 8-9**

<b>2 Mile Relay</b>	<b>1</b>	<b>2</b>	<b>40 0s</b>		<b>800</b>	<b>3200</b>							<b>400 Avg.</b>				
Abbs	76	233.02		76	77	233.02										76.5	
Humphrey	350	512.53		77	82	239.51										79.8	
Grabowski	624	741.57		72	77	229.14										74.6	
Lucas	855	1010.65		74	75	228.98	1010.65									74.5	
Voll	70	224.54		70	74	224.54										72.3	
Rusiski	328	435.98		64	63	211.44										65.7	
Morton	539	650.08		63	71	214.10										67.0	
Sowa	754	903.15		64	69	213.07	903.15									66.5	
<b>Mile</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>			<b>40 0s</b>				<b>80 0s</b>		<b>1600</b>				
Ries	73	236	402	527.32		73	83	86	85		236	251	527.4			81.8	
Dudro	85	258	432	602.75		85	93	94	90		258	304	602.8			90.7	
Schomburg	70	228	345	459.38		70	78	77	74		228	231	459.4			74.8	
Kaminski	72	230	350	514.43		72	78	80	84		230	244	514.5			78.6	
<b>800</b>	<b>1</b>	<b>2</b>		<b>40 0s</b>		<b>800</b>											
Lucas	72	225.96		72	74	226.0										73.0	
Ries	73	234.71		73	81	234.8										77.4	
Morton	65	216.66		65	71	216.7										68.3	
Rusiski	68	221.88		68	73	221.9										70.9	
<b>2 Mile</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>			<b>80 0s</b>			<b>16 00s</b>	<b>3200</b>		
Grabowski	83	90	94	95	95	94	96	86		253	309	309	302	602	611	1213.3	91.7
		253	427	602	737	911	1047	1213.22									
Tengowski	85	92	96	96	100	100	100	92		257	312	320	312	609	632	1241.4	95.2
		257	433	609	749	929	1109	1241.33									
Patterson	80	87	91	91	90	91	89	78		247	302	259	247	549	547	1136.1	87.0
		247	418	549	719	849	1018	1136.01									
Smith	81	89	90	89	90	90	91	88		250	259	300	259	549	559	1148.9	88.6
		250	420	549	719	849	1020	1148.84									

**Mile Relay**

Abbs	67.85	
Johns	66.20	214.05
Davis	66.17	320.22
Varlotta	62.49	422.71

Choe	58.22	
Sowa	57.43	155.65
Morton	56.72	252.37
Brinkley	53.00	345.37